

# THE ART OF FINDING LOVE

## *An Inspirational Art Therapy Workshop for Single Women*

This one day experiential workshop will help guide you on the path to getting the love you truly deserve. Using art, written and experiential exercises, we will develop your personal plan for finding healthy love. Resource Material and topics covered to provide you with tools including the following:

- ♥ The Good news about Living Single in a Coupled World
- ♥ Finding the Love You have
- ♥ How to respond to "Friendly Fire"
- ♥ Defining Love
- ♥ What is *Real Love*?
- ♥ Eight Make or Break Experiences of Love
- ♥ Drawing on Experience: Transforming Past Love relationships into  
Wisdom for Finding Real Love
- ♥ Beliefs that Hinder Finding Love
- ♥ Defining Your Perfect Partnership
- ♥ Avoiding the Pitfalls of settling for Mr. Potential
- ♥ "I Don't Think So!" or The Way of the Inner Bitch!
- ♥ From Personal Ads to Online Chatting to Speed Dating:  
New approaches to Finding Love

## ***EXPECT AND GET THE LOVE YOU DESERVE!***

- When: Saturday February 21, 2004 & upcoming dates soon!  
9:00am to 4:00pm (One hour lunch break)
- Where: DRAW FROM WITHIN Art Therapy Studio  
2400 Kettner Blvd. Studio #221, San Diego, CA. 92101
- Cost: \$65.00 per participant
- Included: Notebook of Resource Materials, Art Supplies, morning coffee, tea and snacks, plus a *surprise drawing!*
- Facilitator: Kate Webb, MFT, ATR-BC  
Telephone: (619) 231-4ART (4278)  
Email: DrawFromWithin@cox.net  
Website: DrawFromWithin.com